



# CANTEEN SUMMER LUNCH

OPEN ON MONDAYS, WEDNESDAYS, THURSDAYS & FRIDAYS

## PRIMARY MENU

### Drinks

- Water (500ml) ..... \$1.50
- Plain milk ..... \$1.50
- Chocolate milk ..... \$2.50
- Strawberry milk ..... \$2.50
- Pop-top juice (Apple) ..... \$1.50
- Up & Go Banana ..... \$2
- Popper Juice  
Apple or Orange ..... \$1

### Hot Food

- Vegetable lasagna (vegetarian) ..... \$5
- Chicken lasagna ..... \$5
- Beef lasagna ..... \$5
- Gluten free beef lasagna ..... \$5
- Spaghetti bolognese ..... \$5
- Macaroni cheese (vegetarian) ..... \$5
- Ham and cheese pizza ..... \$4.50
- Nachos ..... \$5

### Weekday Specials

#### MONDAY

- Sushi - Chicken (8pc) ..... \$6
- Sushi - Tuna (8pc) ..... \$6
- Sweet chilli chicken roll (warm) or wrap (cold) ..... \$5  
(Chicken tender, sweet chilli sauce & lettuce)

#### WEDNESDAY

- Beef and cheese burger ..... \$6  
(Cheese, beef patty, lettuce, tomato, carrot)

#### THURSDAY

- Vegetable fried rice (vegetarian) ... \$5
- Hotdog with sauce ..... \$4

#### FRIDAY

- Butter chicken & rice (gluten free) ... \$5

### Sandwiches

#### SALAD SANDWICHES

(Lettuce, tomato, cucumber and carrot)

- Salad only ..... \$4
- Salad with Chicken ..... \$5
- Salad with Ham ..... \$5
- Salad with Cheese ..... \$5

Note: Change Salad Sandwiches to Wrap will cost \$1 extra

#### SANDWICHES

- With Cheese ..... \$2
- With Curried egg ..... \$3
- With Ham and cheese ..... \$4

#### TOASTED SANDWICHES

- Cheese ..... \$3.50
- Ham and cheese ..... \$4.50
- Ham, cheese and tomato ..... \$4.50
- Chicken and cheese ..... \$5
- Chicken, cheese and mayo ..... \$5

Note: Change to Gluten Free Sandwiches will cost \$1 extra

### Salads & Fruits

- Garden salad ..... \$6  
(Lettuce, tomato, cucumber, carrot, beetroot, olives and gherkin)

#### Extras for Garden salad:

- Chicken, Cheese, Egg, Ham... add \$1 each
- Veggie sticks cup with hummus... \$1.50

- Fruit salad ..... \$5  
(Watermelon, kiwi, strawberries, grapes, rockmelon)

- Fruit cup ..... \$1.50
- Strawberry yoghurt ..... \$2

### Friday Special

- Milo frozen cup ..... \$1
- Twisted Yoghurt Ice Cream ..... \$2.50

(Available for over the counter sales at lunch time)